

May Events

Mercy⁺

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 Tai Chi 12:00pm Room 1	3	4	5	6 Cardio Hip Hop 11:00am Room 1
7 Sunday Afternoon Yoga 3:00pm Room 1 CI Fit 2:00pm GEX Room	8	9 Stretching and Foam Roller 12:00pm Room 1	10	11	12	13 Cycle 101 9:30am Cycle Room
14 Mother's Day Mother/Daughter Partner Yoga 2:00pm Room 1 CI Body & Mind 2:00pm GEX Room	15 Aquatics Classes Begin	16	17	18	19	20 Cardio Hip Hop 11:00am Room 1
21 CI Fit 2:00pm GEX Room	22	23	24	25	26	27
28 CI Body & Mind 2:00pm GEX Room	29	30	31			