



# Sports Performance Bundle

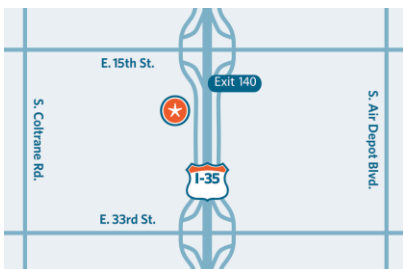
July 1 – 31

\$249 for Mercy Fitness Center Members

\$299 for Non Members



Mercy Fitness Center  
2017 W. I-35 Frontage Road  
Edmond, Oklahoma 73013  
405.757.3300  
mercyfitness.net



Performance Bundle includes unlimited SP classes for the month, 2 PT sessions and 1 massage.

Sports Performance is for everyone. Our coaches apply what we've learned training some of the best athletes in the world to our adult group classes. We'll begin slowly with an introduction to training, then move on to individualized coaching in a group setting with certified coaches. Progress at your pace and see sustainable, healthy change in your overall fitness. Move well, and move often!