



Fitness
Center



TJ COBB

Sports Performance
Personal Trainer

**FAVORITE WAY TO
MOVE/EXERCISE**
Boxing

FUN FACT
I played 4 years of college football.

**WHAT DO YOU ENJOY THE MOST
ABOUT BEING A PERSONAL
TRAINER:**

Helping people reach their fitness
goals as a team.

Credentials:

ACE- CPT
NASM-Performance Enhancement
Specialist
First Aid, CPR, AED Certified

