



Fitness
Center

MELISHA MERRIMAN

Personal Trainer
MercyFit Coach

FAVORITE WAY TO MOVE/EXERCISE

Dancing

FUN FACT

She loves fishing and
listening to blues!

WHAT DO YOU ENJOY THE MOST ABOUT BEING A PERSONAL TRAINER?

Helping people accomplish what they
believed they couldn't.

CREDENTIALS:

NASM CPT

First Aid, CPR, AED Certified

